

## **REQUIREMENTS FOR PARTICIPATION IN COMPETITIVE RACES:**

All those who are:

1. Italian athletes regularly registered with EPS Athletics, FIDAL, RUN CARD or SINGLE ATHLETES for the current year and belonging to the junior / promising / senior categories (from 18 to 34 years) and over 35 of all male and female age groups in possession of regular competitive sports medical certification.
2. Italian athletes without federal / eps / run card membership belonging to the junior / promised / senior categories (from 18 to 34 years) and over 35 of all age groups, men and women in possession of regular medical sports certification competitive.
3. Foreign athletes, at least 18 years of age, not resident in Italy and not registered who, in compliance with the Italian law on safety in sports) must submit the MEDICA HEALT FORM-FOREIGN RESIDENTS certification form (attachment A) signed by the doctor treating, or similar or in any case compliant with the diagnostic tests required by Italian legislation.
4. Italian athletes who have reached the age of 18 and are athletes registered with the Italian Paralympic Committee and have disabilities compatible with the activity relating to the HALF OF CAPRERA.

For insurance reasons and to protect the safety of the athletes due to the characteristics of the course, Handbykers cannot participate in the race. Athletes who need to be accompanied will have to do it on their own.

## **FEES AND METHOD OF PAYMENT**

Registration will take place through the website [www.mezzadicaprera.it/iscrizioni](http://www.mezzadicaprera.it/iscrizioni) at the following link [www.avaibooksports.com/inscripcion/la-mezza-di-caprera/inscripcion\\_fidal/](http://www.avaibooksports.com/inscripcion/la-mezza-di-caprera/inscripcion_fidal/) it is possible to register from 01.00 on 01 April 2022 and no later than 23.59 on 14/09/2022

the participation fee in the Half of Caprera 1st Edition 2022 21 km race is fixed in:

- € 15 from 01 April to 30/04/2022
- € 25 from 01 May to 14/09/2022

Registrations on the morning of the event will be possible only upon availability of the Cronorun judges

The payment of the fee can only be made by online payment by credit card or bank transfer (bank transfer not allowed in the last week of registrations) through the dedicated portal, following the instructions indicated, during any expo in conjunction with running events in which the organizing secretariat will be present or by contacting the email [info@lamezzadicaprera.it](mailto:info@lamezzadicaprera.it)

PLEASE NOTE THAT FOR ENROLLMENTS FOR ALL RACES CARRIED OUT THROUGH THE AVAIBOOKS PLATFORM, the additional fee of € 1.5 will be provided, valid as an accessory cost of handling the practice and, there are no additional costs for payment by credit card or other method.

## **IMPORTANT FOR REGISTRATION:**

The registration fee is not refundable under any circumstances and for no reason will the costs incurred for participation in the event be reimbursed in the event that the event itself should be canceled or suspended. Should the event be suspended for reasons not attributable to the organizing company, registration will automatically pass to the 2023 edition

Should the event be suspended for reasons attributable to the organizing company, automatic reimbursement will be made through the methods of the AVAIBOOKS management system.

an athlete may eventually transfer his registration to another person no later than 11.59 pm on 31 August 2022, upon communication with ASD Sportisola info@lamezzadicaprera.it this operation is free.

Upon replacement, the new member must submit or send to the email info@lamezzadicaprera.it, a copy of the valid medical certificate for the competitive activity.

An athlete registered for one of the 2 races will be able to change the distance by 31 August 2022 at 11.59 pm

- from 21 km to 10 km if the athlete is in possession of a valid FIDAL membership or RUN CARD. The difference paid will be converted into a voucher for Sportisola branded products
- from 10.5 km to 21 km paying the difference of € 10

### **SERVICES INCLUDED IN THE PARTICIPATION FEE OF THE HALF OF CAPRERA**

- RACE BIB
- LUGGAGE DEPOSIT WITH LABEL TO BE APPLIED TO THE PERSONAL BAG
- INSURANCE AND MEDICAL ASSISTANCE DURING THE EVENT
- RESTAURANTS ALONG THE ROUTE OF THE EVENT
- RACE PACK WITH TECHNICAL JERSEY AND INFORMATION MATERIAL
- CHIP RENTAL
- DIPLOMA OF PARTICIPATION DOWNLOADED FROM THE SITE
- COMMEMORATIVE MEDAL OF THE RACE
- FINAL REFRESHMENT
- PASTA PARTY ON SATURDAY 17 SEPTEMBER

### **COLLECTION OF BIBS AND RACE PACKAGE**

The collection of the race pack, containing the bib and the chip can be done in La Maddalena at the Expo Fitness in Moneta Piazza Don Riva, on Friday 16 September from 17.00 to 20.00  
Saturday 17th September from 10.00 to 19.30 and exceptionally Sunday 18th September  
embre from 7.00 to 8.30

The race bib is personal and cannot be sold or exchanged (except in the case of replacement as per the previous paragraph. It must be fully visible, cannot be folded and must remain intact.

The member is responsible for the ownership and custody of his race bib, acquiring the right to use all the services indicated in the regulation.

Anyone who participates in the race without regular registration and / or with a counterfeit bib as well as being held responsible for damage to people or property, including himself, may incur reports to the federations and the relevant eps.

Violations may also be found through the verification of photographic or video material.

Athletes who are accompanied in the race by bicycles will be disqualified.

Athletes who will be accompanied in the race by other athletes without bibs will not be classified.

The event will be supervised by employees of the sports promotion bodies and by competition judges.

All athletes must hand over the electronic chips that they will obligatorily deliver upon arrival, under penalty of a penalty of € 30.

We inform you that, pursuant to Legislative Decree 196/2003, all personal data collected will be used only for the creation of the entry list, rankings, service communications and sending material relating to the event, in addition to the other conditions provided for in the following regulations.

The bib and the race pack can also be collected by proxy in the following ways:

1. Through their delegate who must submit a written proxy.
2. Through a person in charge of his own company.
3. The race pack will be delivered upon collection of the bib.
4. The finisher edition jersey will be delivered upon arrival

#### **STORAGE OF BAGS AND PERSONAL CLOTHING**

The organization makes a bag deposit available to participants free of charge, the athletes will collect a badge with the number corresponding to their bib to be visibly applied to the bag.

Delivery must take place by 8.00 am to the employees at the stand of the expo fitness area in Piazza Don Riva.

The organization, while taking the utmost care in collecting and returning the bags, does not carry out the custody service. Consequently, it is expressly forbidden to leave mobile phones, computers, tablets, cameras or other valuables in the bags.

The organization cannot be held responsible for any theft, loss or damage.

#### **DEPARTURE**

The start of the race is scheduled for 9.00 from Via Bernini on the Piazza Don Riva side

The entrance to the starting area will take place behind the starting arch.

For the smooth running of the operations, all competitors are asked to reach the starting area by 8.45 am

#### **PATH**

The HALF OF CAPRERA route will develop in a single tour between the islands of La Maddalena and Caprera, with the start and finish in the hamlet of Moneta, as per the attached road and map.

The route will essentially be on asphalt, except for 2.5 km on dirt on the island of Caprera.

#### **RESTAURANT**

The 2022 edition of the Caprera half will be entirely PLASTIC FREE, water and other liquids will be served in compostable paper cups

The first refreshment point will be located at km 5 (water only) from these points onwards there will be refreshment stations every 5 km (water, fruit and mineral salts km 10/15/20)

Athletes who bring bottles and supplements will have to throw the empty ones only in the refreshment stations

#### **MAXIMUM TIME**

The maximum arrival time is 3 hours from departure, beyond which the organization will not be able to guarantee the safety of the route.

#### **ARRIVE**

The arrival is expected in Piazza Don Giuseppe Riva, in the Moneta-La Maddalena area

#### **AFTER ARRIVAL**

After arrival, the FINISHER medals and technical t-shirts will be delivered

#### **TIMING**

The timing and processing of the rankings will be carried out by Soc CRONORUN, by means of a system based on a passive transponder (CHIP) which will be delivered with the bib and applied to the shoes / ankle). Athletes who at any time detach or damage the chip will not be timed and will not result in the rankings.

For each athlete will be detected:

the official time (from the shot to the finish line) and the real time (net time) from the passage on the detector mat on the starting line and at the finish line. Due to the peculiarity of the territory of the island of

Caprera, an intermediate passage will be inserted at the discretion and in the place chosen by the organization.

## **AWARDS**

The HALF OF CAPRERA competition 21 includes individual prizes as indicated below:

- 1) MEN'S General Ranking first 3 athletes classified with prizes in kind
- 2) WOMEN General Ranking first 3 athletes classified with prizes in kind

For the 21 km competition, the first three male and female category places will be awarded with products offered by the sponsors and the delivery will be made in the award ceremony area, after the officialization of the rankings by the CRONORUN Company.

Overall winners will not be awarded in their respective categories.

## **SPECIAL AWARDS:**

the company with the highest number of members will be awarded (including non-competitive races)

## **RESPONSIBILITY'**

The organizer ASD Sportisola La Maddalena declines all responsibility for what may happen to athletes, for damage to persons or property that may occur before, during or after the event.

The organization ensures the presence of health personnel and ambulances at different points along the route.

## **DECLARATION OF LIABILITY OF THE ATHLETE**

By registering for the event, the athlete declares to know in full and accept the regulation of the HALF OF CAPRERA 2021 published on the website [www.lamezzadicaprera.it](http://www.lamezzadicaprera.it) and to be in possession of suitable medical certification for participation in the competition pursuant to Ministerial Decree 18 / 02/1982 and 28/02/1983.

Furthermore, he expressly declares under his own responsibility and according to the regulations in force, not only to have declared the truth, but to exempt the organizers from any civil or criminal liability for damage to persons and things caused by him or derived from him.

The Organization is not liable for any changes to the regulations independent of its will, in any case the latter will be amended by publication on the internet site [www.lamezzadicaprera.it](http://www.lamezzadicaprera.it).

## **PRIVACY**

Personal information will be treated in accordance with the legislation on the protection of personal data currently in force.

## **IMAGE RIGHT AND USE OF THE E-MAIL ADDRESS**

By registering for the half of caprera, the athlete expressly authorizes the organizers, together with the media partners and sponsors, to acquire the free right to use the still or moving images that possibly portray him during the participation in the race itself. on all visual media, including promotional and / or advertising materials and on the web, all over the world and for all the time required by the laws, regulations, treaties in force, including any extension that may be made to the foreseen period , as well as the use of one's e-mail address for advertising purposes.

## **COMPLAINTS**

Any complaints must be submitted exclusively in written form to the email address [info@lamezzadicaprera.ir](mailto:info@lamezzadicaprera.ir) and must be presented in compliance with sporting regulations.

## **OTHER STANDARDS**

For anything not covered in this regulation, the state rules on running events apply.

**CONTACTS SPORTISOLA LA MADDALENA ASD**

**The President of Sportisola**

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**registration info:**

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La Maddalena 01/06/2022  
The PRESIDENT OF SPORTISOLA MARTA D'AMICO